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The New Sugar Busters! Shopper's Guide: Discover Which Foods to Buy (And Which to Avoid) on Your Next Trip to the Grocery Store PDF



by H. Leighton Steward : **The New Sugar Busters! Shopper's Guide: Discover Which Foods to Buy (And Which to Avoid) on Your Next Trip to the Grocery Store**

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Description :

PDF-1abda | SUGAR BUSTERS!® forever changed the way Americans eat, offering a delicious new approach to diet and health. The SUGAR BUSTERS!® Shopper's Guide soon followed—and made finding SUGAR BUSTERS!®-friendly fare at the grocery store and supermarket a snap. Now, five years later, this revolutionary little guide has been completely revised and updated to include more food selections and more brand ... *The New Sugar Busters! Shopper's Guide: Discover Which Foods to Buy (And Which to Avoid) on Your Next Trip to the Grocery Store*

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